

BLOOD TYPES NEEDED:



# PLATELET DONATIONS

Become a platelet donor and provide life-saving gifts for patients like Leyna.



**Platelet donors help save lives.** As the essential part of blood that helps control bleeding, platelets give critically ill patients a fighting chance. People with cancer may need ongoing platelet transfusions throughout their treatment. Newborns, surgery patients, and transplant recipients also frequently need platelets.

**The need is constant.** The supply is not. Donated platelets only last 5 days, and the supply must be continually replenished by volunteer donors like you.



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# Why give platelets?

**Give more of what patients need.** In one platelet donation, you can give up to 6 times the amount of platelets in a whole blood donation. Your body makes new platelets in just 24 hours. Many donors feel better after donating platelets than whole blood, because red blood cells and plasma are returned to your body.

**Save and sustain more lives.** You can support 2 or 3 patients in need with just one platelet donation. Platelets can be donated every 7 days, up to 24 times per year (whole blood can be donated every 56 days).

**Blood types A, B, and AB are needed most.** By knowing where the need is greatest for your blood type, you can maximize the impact of your donation and the time you spend donating.

## How to get started

Ask your donor specialist to test your platelet count. If your platelet count is high enough, you'll be notified that you're ready to schedule your first platelet donation.

**How long does it take?** Platelet donation takes about 2 hours, and you can watch TV, go online, or simply relax during your donation.

### **Make a date to save a life**

Visit our website at [MBC.ORG/right-type](https://MBC.ORG/right-type) to learn more or schedule your first platelet appointment by calling 1-888-GIVE-BLD (888-448-3253).

Platelets can be donated at the following donor centers:

**Bloomington** • 500 W. 98th St. (Premier Bank Building)

**Eden Prairie** • 12200 Middleset Rd. (Lariat Office Building)

**Plymouth** • 3021 Harbor Ln. N.

**St. Paul** • 737 Pelham Blvd.



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